

# Telfast® 120 mg

Fexofenadine Hydrochloride  
film-coated tablets

**Read all of this leaflet carefully before you start taking this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have any questions or are unsure of anything, ask your doctor or pharmacist for more information.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects becomes serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

**What is in this leaflet:**

1. What Telfast 120 mg film-coated tablets are and what they are used for
2. What you need to know before you take Telfast 120 mg film-coated tablets
3. How to take Telfast 120 mg film-coated tablets
4. Possible side effects
5. How to store Telfast 120 mg film-coated tablets
6. Further information

**1. WHAT Telfast 120 mg film-coated tablets ARE AND WHAT THEY ARE USED FOR**  
ANTIHISTAMINE FOR SYSTEMIC USE.

(R: Respiratory system)

This medicine is an antihistamine H<sub>1</sub>. It is indicated in the symptomatic treatment of seasonal allergic rhinitis (hay fever) in adults and children over 12 years of age.

**2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE Telfast 120 mg film-coated tablets**

**Do not take Telfast 120 mg film-coated tablets in the following cases:**

- children under 12 years of age as there are no efficacy and safety data available
- history of allergy to one of the ingredients of this medicine

*IF YOU ARE UNSURE OF ANYTHING, IT IS ESSENTIAL THAT YOU ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.*

**Take special care with Telfast 120 mg film-coated tablets if:**

- you are elderly,
  - you have a liver or kidney disorder.
- ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.*

**Taking other medicines:**

*TO AVOID ANY INTERACTIONS BETWEEN DIFFERENT MEDICINES, YOU MUST ALWAYS INFORM YOUR DOCTOR OF ANY OTHER TREATMENT YOU MAY BE TAKING, especially erythromycin- or ketoconazole-containing medicines.*

If you are treated with stomach liners (aluminum or magnesium hydroxide), an interval of at least 2 hours should be allowed before or after administration of this medicine.

*IF YOU ARE UNSURE OF ANYTHING, DO NOT HESITATE TO ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.*

**Pregnancy and breast-feeding**

This medicine should preferably not be used during pregnancy.

If you discover that you are pregnant while taking this medicine, consult your doctor who alone can determine whether you should continue treatment.

As a general rule, during pregnancy or breast-feeding, you should always ask your doctor or pharmacist for advice before using a medicine.

Moreover, the excretion of this medicine in breast milk is not well known. It is not recommended in breast-feeding women.

**Driving and using machines**

Telfast 120 mg film-coated tablets has no effect that could affect your ability to drive or use machines.

However, before driving or performing tasks which require your total concentration, make sure that you do not develop an unusual response to this medicine and that your vigilance is not altered because of this

medicine.

**3. HOW TO TAKE Telfast 120 mg film-coated tablets**

**Dosage**

This medicine is for adults and children over 12 years of age only.

The dosage is one tablet daily.

**Method and route of administration**

Oral route.

**Duration of treatment**

Follow your doctor's prescription.

**If you take more Telfast 120 mg film-coated tablets than you should:**

Consult a doctor.

**4. POSSIBLE SIDE EFFECTS**

Like all medicines, Telfast 120 mg film-coated tablets can cause side effects, although not everybody gets them:

- uncommon occurrences of headache, dry mouth, gastrointestinal disorders such as nausea, sensation of dizziness and drowsiness have been described.
- rare cases of allergic reactions with rash, itching and other generalized reactions have been reported.

If you notice any side effects not listed in this leaflet, or if any of the side effects gets serious, please tell your doctor or pharmacist.

**5. HOW TO STORE Telfast 120 mg film-coated tablets**

Keep this medicine out of the reach and sight of children.

Do not use Telfast 120 mg film-coated tablets after the expiry date which is stated on the box.

This medicinal product must be stored protected from moisture and at a temperature no higher than 30 °C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

**6. FURTHER INFORMATION**

**What Telfast 120 mg film-coated tablets contains**

**The active substance is:**

Fexofenadine hydrochloride 120.00 mg for one film-coated tablet.

**The other ingredients are:**

Microcrystalline cellulose, pregelatinized maize starch, croscarmellose sodium, magnesium stearate, hypromellose, macrogol 400, titanium dioxide, colloidal anhydrous silica, povidone, yellow iron oxide, red iron oxide.

**What Telfast 120 mg film-coated tablets looks like and contents of the pack**

This medicine is available as film-coated tablets; box of 15 or 30 film-coated tablets.

Not all pack sizes may be marketed.

This leaflet was last approved in: October 2011.

**This is a medicament**

- A medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold you the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of reach of children.

Council of Arab Health Ministers  
Union of Arab pharmacists

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